



Vanier Catholic Secondary

16 Duke Road, Whitehorse, YT Y1A 4M2
Phone: (867) 667-5901 Fax: (867) 393-6370
www.yesnet.yk.ca/schools/vanier

Ryan Sikkes, Principal

Jeanette Gallant, Vice-Principal

Graduation Transition Standards

Requirement: *Graduation Transition Plan Document*

Name: _____

Grade: 12 Anticipated Date of Graduation: _____

The Graduation Transition Plan is meant to help you make a smooth transition from high school to the next step in your life, whether that is continued education, employment, travel, or something else.

This component of the Graduation Transitions Program is designed to be completed in approximately ten hours.

There are 2 major components to the Graduation Transition Plan:

- 1) A written **Graduation Transition Plan Document** that shows you are prepared to successfully move from high school to the next phase of your life; and
- 2) A **Graduation Transition Plan Presentation** in front of your peers and selected teachers in the spring where you will present selected portions of your plan.

Submission Checklist

Requirement	Due Date	Requirement Met
a) Description of Life Goals and a 5 Year Plan	Feb 13, 2019	
b) Faith Journey	April 17, 2019	
c) Resume and Cover Letter	Feb 13, 2019	
d) Personal Statement of Values and Career Research	Nov 23, 2018	
e) Record of Career-related Activities	May 1, 2019	
f) 2 year Budget	Nov 23, 2019	
g) Personal Health Plan	April 17, 2019	
h) Graduation Transition Plan Presentation	May 22, 2019	

- **Opportunities** = times when you'll have school-based time and/or support to do the assignment; otherwise, you are free to work on the assignments anytime on your own

Date Received: _____

Approved by: _____

Entered into Aspen: _____

A) Description of Life Goals (1 to 3 paragraphs)

Catholic Education views human life as an integration of body, mind and spirit. Rooted in this vision, Catholic Education fosters the search for knowledge as a lifelong spiritual and academic quest. The expectations of graduates of Vanier Catholic, therefore, are described not only in terms of knowledge and skills but also in terms of values, attitudes and actions.

We believe that the Vanier Catholic graduate will be:

- A discerning believer
- An effective communicator
- A reflective, creative and holistic thinker
- A self-directed, responsible, lifelong learner
- A collaborative contributor
- A caring family member
- A responsible citizen.

You are entering a time of great transition in your life. Having a vision of the direction you want your life to go can assist you in achieving these goals. What are the “big things” that you would like to accomplish in your life?

This introductory section of the grad transition asks you to start this process considering and writing on these broader themes.

You may use a personal mission statement to help you focus on these questions.

Who inspires you?

What have been some formative moments in your life?

What do you want to contribute to the world around you?

How will you achieve these contributions?

What sort of post-secondary education do you want?

Where do you want to live?

What sort of employment will you strive for?

Do you want to be a member of a certain community?

The five-year plan is very general and plots what you anticipate for the next five years and shows how you will move toward achieving your goals.

Goals are achievements in the future that we strive for. But without a practical plan to achieve these goals they may never become a reality. A five-year plan helps us plot out the steps that will bring us closer to realizing our goals. Create a plan that is aimed at achieving the goals you wrote about in section A.

B) Faith Journey

Describe your 'faith journey' over the past five years. What did you believe in Grade 8? What do you believe now? Do you feel going to Vanier has had a particular

Identify five beliefs and/or convictions that you feel are central to your life.

Give examples of how your particular beliefs could be reflected in how you live your life.

C) Resume and practice cover letter- up to date and in a professional format.

D) Personal Statement of Values and Career Research

To help you determine your choices for careers, it is essential that you understand yourself and what is important to you.

Some questions to consider:

What are the building blocks that make you a well-balanced person?

What gives you a sense of belonging? Is it your friends, your family, your First Nation? Is it your job or is it the team you play on?

What sports and hobbies do you like to participate in?

What brings meaning and value to your life? Is it family? Is it your friends? Is it your faith?

What attributes do you possess that will be a benefit to those around you?

What are you good at? Do you enjoy working with your hands? Do you like working with people or do you prefer working with information?

Career Research

Complete the chart titled Career Research Assignment. Even if you know for certain what you want to do, please research at least 2 careers, and yes they can be related.

E) Record of Career-related Activities you have participated in.

This could include meeting with your guidance counselor to discuss your future, work experience you already have, research you have done concerning your future, job shadowing, job fairs, seminars, open houses etc. that you have attended (*1 to 2 pages listing your career-related activities and any forms you may have collected that are relevant*)

F) Financial Plan to fund the next 2 years of your post-secondary plans whether that be education, training, traveling or working

This is a detailed list of your anticipated earnings and costs for the first 2 years after you graduate. You will need to do some research into the cost of tuition, books, housing, travel costs etc.

In order to complete this plan, you need to pick two possibilities for what you will be doing over the next 2 years. If you plan to go to school, you need to research how much it will cost for you to do this, and what possible sources of funding could help.

Some questions to consider:

Are there grants and loans that I may be able to access?

Will I have a summer job that supports me during the school year?

What will it cost to rent an apartment in the city I choose to live in?

How much will it cost to operate my car?

G) Personal Health Plan that describes your sound nutritional habits, regular exercise routines, emotional health management and positive health choices.

When we do not take care of our own emotional and physical well-being it is hard to feel good about ourselves and hard to serve those around us. How will you take care of yourself so that you are able to achieve the goals you have set out for yourself and be of service to others?

H) In the month of May, each grad will participate in a presentation of their graduation transition plan. Typically we do these presentations in small groups, with members of the Vanier teaching staff and any member of your community who you would like to attend. Some students prefer to do this in a one-on-one setting, and that may be arranged well ahead of the deadline. During the interview, you may showcase any particular aspect of your accomplishments and learning experiences. We will be there to celebrate your success!